



**CARA
HOTELS**
TRINIDAD & TOBAGO - GUYANA

Two Course Menu

Menu 1

Fish Fillet with Tamarind Sauce
Parmesan Chicken

Seasoned Rice
Sautéed Bora with Carrots & Onion Slivers
Parametier Potato

Coconut Caramel Poke Cake

Menu 4

Curry
(Chicken, Beef or Duck)
Cajun Trout

Vegetable Chowmein
Demerara Rice
Roti
Garden Salad

Sweet Potato Pie with Marshmallow Topping

Menu 2

Fish Florentine
Spiced Chicken Breast with Honey Sauce

Celery & Corn Rice
Black Eye Peas with Diced Pumpkin
Velvet Mashed Potato

Ice Cream Roulade

Menu 5

Baked Chicken Thighs in Papaya BBQ Sauce
Fried Fish

Cook Up Rice
Fried Ripe Plantains
Tossed Salad

Baked Custard

Menu 3

Beef Lasagna
Baked Trout Fillet

Braised Rice
Sauté Spinach & Plantains
Cream Potato

Fruit Crumble & Ice Cream

Vegetarian Choices

Vegetable Lasagna

Pasta Primavera

Vegetarian Curry Chunks

Vegetable Crepe

Chilli Bean Tofu

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**CARA
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Three Course Menu

Menu 1

Cream of Eddo Soup

Trout Fillet with Pesto and Roasted Pepper Sauce
Chicken Breast Roulade

Rice Risotto
Stir Fry Vegetables
Country Style Potato

Ice Cream Bomb

Menu 2

Vegetable Soup

Rustic Chicken Tenders
Stuffed Ginger Glazed Trout

Spanish Rice
Chinese Stir Fry Vegetables
Mashed Potato

Chocolate Cake with Ice Cream

Menu 3

Tomato & Basil Soup

Pork Medallions
Asian Glazed Chicken Thighs

Braised Pigeon Peas Rice
Carrots with Parsley
Potato Crumble

Cherry Layered Cake

Menu 4

Creamy Sweet Potato Soup

Herbed Roast Beef
Spiced Marinated Chicken with Tomato Cream Sauce

Carrot & Raisin Rice
Steamed Pak Choy with Sweet Peppers
Herbed Hassel Back Potato

Tropical Fruit Salad

Extra Sides - \$500

Three Bean Salad

Coleslaw

Tossed Garden Salad with Dressing

Caesar Salad

Pasta Salad

Potato & Corn Salad

Additional Meat Option

Creole Prawns

Jerk Pork Loin

Roasted Lamb

Crispy Orange Beef

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